

Monday, June 15

"Live in each season as it passes; breathe the air, drink the drink, taste the fruit, and resign yourself to the influence of each." -Henry David Thoreau, Writer

Topic of the Day: Physician On Call Scheduling

To get clinical staff in touch with physicians, we've improved our on call system by implementing AMiON Physician Scheduling. To find out who is on call, follow these instructions:

- Go to the Intranet at culmem.com
- Scroll down and click on "Internal (Intranet) Links"
- Click on the "AMiON" link in green letters for the Physician On-Call schedule. (If the link does not appear immediately, hit F5 to refresh the page.)

Please be advised that print schedules will no longer be provided except during situations when the AMiON system is unavailable. For scheduling, always refer to the information provided through AMiON. Other sources may not be up-to-date.

When scheduling, check to see if physicians have added notes on the far right. Please read any notes, as they may include contact instructions. As a reminder, pay attention to the shift times since many of the physicians take call in 24-hour shifts.

Did You Know?

Contrary to common belief, you cannot get poison ivy from another person. But you can get it from athletic gear, gardening equipment, pets or airborne contact with urushiol, the active agent in poison ivy's sap. Your best defense is to wash your skin, articles of clothing and equipment right after exposure.

Closing

Are there any goals you need to prioritize as a team today? What's something positive that a team member has done for you in the past week?

Tuesday, June 16



"Growth and comfort do not coexist" -Ginni Rometty, Business Executive

Topic of the Day: Scholarships for EVHS and CCHS

One way that UVA Culpeper Hospital supports our local

community is through scholarships to high school students who are planning to pursue a career in medical or health related fields. The scholarship program awards six scholarships to graduating seniors from Eastern View High School and Culpeper County High School. This year's winners and the universities where they will be attending are:

- Janet B. Swan Memorial Scholarship
Jordan Pyle, James Madison University
Hailey Jenkins, Virginia Commonwealth University
- Nancy Post Bock Memorial Scholarship
Jennifer Turcios, University of Virginia
Hailey Jenkins, Virginia Commonwealth University
- UVA Culpeper Hospital Scholarship
Danya Abutaleb, University of Virginia
Samuel Stephenson, University of Virginia
Margaret Yeck, Liberty University

Did You Know?

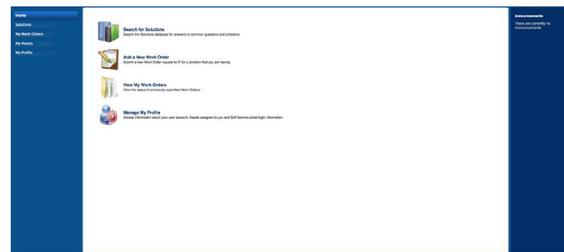
Gardening can equate moderate to high-intensity physical activity, and it's a great way to get some Vitamin D from the sun! Don't have a green thumb? Weeding, raking and mulching are easy to do!

Closing

What will you accomplish at work today that will leave you smiling? Is there a colleague who sets the bar for finding ways to improve work effectiveness?

Wednesday, June 17

"Perfection is not attainable, but if we chase perfection, we can catch excellence." -Vince Lombardi, Football Coach



Topic of the Day: Help Desk Update

Information Systems has launched a new version of the help desk software Track-It! To sign in, just use your Outlook ID and password. When you fill out a work order, make sure to list a good call back number where you can be contacted. Be sure to include the PC or device number of the malfunctioning item, which you'll find on an orange or silver tag.

Choose the priority level carefully.

"Routine" requests do not immediately impact patient care, but still need to be addressed by IS.

"Urgent" requests directly affect patients or workflow, but do not threaten lives.

"Critical" requests are system failures and problems that immediately endanger lives or impact a large number of employees.

IS responds to critical requests within 15 minutes, but if no one answers the phone number listed on the request, it will be downgraded to a routine priority level. Please stay by the phone if you make this kind of request.

If you need help making a request, you can always call the Help Desk at x4361 and we will put in the ticket on your behalf.

If we all follow these guidelines, IS can better prioritize all requests. Thank you for your help with this!

Did You Know?

The Pamper Me Pink Mammography Fund application is now available in Spanish. If you or someone you know would benefit from these funds, please pass the information on to them or get in touch with one of our financial counselors at **540.829.4320** or **540.829.4330**.

Closing

Are there any organizational changes that are affecting how you do your job?

Is there someone at work who inspires you to do your job better?

Thursday, June 18

"I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want, and if they can't find them, make them." -George Bernard Shaw, Playwright



A personal membership group of the
American Hospital Association

Topic of the Day: Health Risk Management Week

June 15-19 is HRM Week 2015. To honor the work of our employees in Compliance and Risk Management, Quality and related departments, we're focusing on the

preparation that goes into designing safe healthcare guidelines and initiatives. These clinicians and professionals create a network of experts, informing our procedures, business decisions, financial planning and more. To do their jobs well, they have a "big picture" outlook on preventable problems and safe patient care. They help us deliver the best care possible, protecting us from unnecessary risk, which maintains or improves our reputation over time. Managing a variety of concerns is no easy feat. As the American Society for Healthcare Risk Management website points out, "it's not a one-size-fits-all profession." So thank you to all of our HRM staff for your commitment to our patients and our organization!

Did You Know?

June 15-21 is also National Men's Health Week! When should you or the men in your life begin to have their cholesterol checked? What about blood pressure? Test your knowledge on these and other questions about men's health with the Healthy Men quiz from the Agency for Healthcare Research and Quality, using this shortened link: 1.usa.gov/1pGmL60.

Closing

Do you need feedback from your team about an idea or initiative? Who has shown a level of care for your success in your team?

Friday, June 19



"Ultimately, in anything you do, you are going to have to make tough decisions and someone won't like the decisions. You have to be able to take the criticisms and not take it personally."
-Debora Spar, University President

Topic of the Day: Healthy Summer Skin

June 21 is the official first day of summer and we want to remind you of steps you can take to enjoy it fully! As the heat climbs, your skin will be doing overtime work to cool off your body. Before going out for a poolside day or long hike, consider checking the Environmental Protection Agency's UV Index, where you can see a map of predicted UV levels across the U.S. for today and the next three days. Find it here: www2.epa.gov/sunwise/uv-index.

In addition to monitoring your skin regularly for changes caused by skin cancer, you can also protect it from other common ailments:

- Check for ticks when you've been in thick brush or woods, even tall grass.
- Wash makeup brushes often to remove oil and bacteria.
- Wear light colors, long sleeves and a hat, if possible.
- Staying in the shade. If you need to, use an umbrella on especially sunny days.
- Apply sunscreen of SPF 30 or higher 30 minutes before going outside and reapply after sweating, swimming and every 90 minutes.
- Remember to hydrate! Drink more water than you usually do.

Did You Know?

Today is World Sickle Cell Awareness Day. This devastating disease predominately affects people of African descent, but it shows up in many populations worldwide. Some treatment options exist, but the impact of the disease lasts throughout life.

Closing

Is there an issue you'd like to raise for group discussion today?

Is there a staffer whose positive attitude has cheered you up?

Saturday and Sunday staff, please review this week's Huddles for the latest information.

We are all a team. If you see anything that concerns you, you are expected to speak up. UVA Culpeper Hospital. Proud to be a part of our community and UVA.