

Monday, October 26

"If you confer a benefit, never remember it; if you receive one, never forget it." –Chilon, Philosopher



Topic of the Day: Interim CNO

Today, we're welcoming Margaret "Maggie" Conklin, MPH, BSN, RN, as our Interim Chief Nursing Officer (CNO). Conklin has more than 25 years' experience working in hospitals, mostly in North Carolina and Virginia.

Conklin begins her orientation this week, and we expect her to be with us for 90 days or so, as we continue our search for the new CNO. We're grateful to have her assistance over the next few months!

To read more about Conklin, check out this week's *Engage*.

Did You Know?

Tomorrow is the big day! Pamper Me Pink is upon us finally and we're brimming with excitement. Join us for the fun and festivities tomorrow night at the State Theatre in downtown Culpeper from **5-8:45 p.m.** There will be food, activities, free pampering services, raffle drawings, testimonials and more! This is UVA Culpeper Hospitals biggest community outreach event each year. We look forward to seeing you there!

Closing

Do you have any information to share that will help your department work with other departments?
Whose feedback has helped you perform your job better?

We are all a team. If you see anything that concerns you, you are expected to speak up. UVA Culpeper Hospital. Proud to be a part of our community. Proud to be a part of UVA.

Tuesday, October 27

"There can be life after breast cancer. The prerequisite is early detection." –Ann Jillian, Actress



Topic of the Day: Pink Hair for a Good Cause
Today after the Be Safe Huddle around **10:15 a.m.**, our **CEO, Greg Napps**, will sit down in the hospital cafeteria to have a temporary shade of hot pink color put in his hair. **Sharon Welch Clark, Board Member**, owner of Pepperberries and creator of Pamper Me Pink, will also have her hair colored. But why would they do such a crazy thing, you might wonder? All to raise awareness about Breast Cancer Awareness Month and tonight's main event,

Pamper Me Pink. Besides, why not have some follicular fun on a fall day? Join us in the cafeteria to cheer them on and show your support as we recognize Breast Cancer Awareness Month.

Read more about the hair-dyeing extravaganza in this week's *Engage*. Please join us at the State Theatre tonight at **5 p.m.** We'll be tickled pink to see you there!

Did You Know?

The Centers for Disease Control and Prevention (CDC) caution people with egg allergies to speak with a doctor before getting a flu vaccine. One option for this part of the population is to get a vaccine not produced with chicken eggs.

On a related note, thanks to everyone who helped us put together the Mass Immunization Drill and Patient Influx Exercise on Friday. With your help, we're better prepared to fight the flu this season!

Closing

What progress has your team made recently that you'd like to discuss?

Has someone on your team made progress in a particular area or learned a new skill?

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Wednesday, October 28

"Our goals can only be reached through a vehicle of a plan, in which we must fervently believe, and upon which we must vigorously act. There is no other route to success." –Pablo Picasso, Painter



Topic of the Day: Hospital Scorecard

To inform you of our performance as an institution, we'll be sharing results over the next few weeks from a number of performance indicators for the second quarter of 2015. These indicators highlight areas of quality, finance and patient satisfaction. In the first section called "I Care,"

there are three evaluations: Patient Safety Index, Mortality Index and Readmission Rate.

- For the Patient Safety Index, which evaluates several quality and safety measures, our goal is to be at or less than 1. To date, we're at 0.29 percent. That means we are fulfilling our promise to "do no harm."
- For the Mortality Index, which measures risk of death for various prognoses against expected outcomes and actual mortalities, our goal is to be at or less than 1. We have decreased this indicator to 1.22, down from the first quarter.
- For the Readmission Rate, our goal is to be at or less than 5.05 percent of patient admissions. Currently, we have a rate of 8.29 percent. We're working to reduce this number and encourage healing after patients leave our care.

Let's work together to keep improving these numbers! Check back next week for more performance results, including some impressive outcomes for operating margin, volume and overall patient satisfaction goals.

Did You Know?

This week we're celebrating several of our employees during Respiratory Care Week and Healthcare Facilities & Engineering Week. From caring for patients' pulmonary needs, to fixing and improving our hospital environment, these employees do what it takes to keep us moving forward everyday! We appreciate your service and dedication to our team efforts!

Closing

Is there any departmental information you'd like to share?
Who would you like to recognize or acknowledge today?

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Thursday, October 29

"An idealist is a person who helps other people to be prosperous."
-Henry Ford, Industrialist and Founder of Ford



Topic of the Day: A Great Facebook Review

Let's face it; very few people want to be a patient in the hospital. Our patients count on us to provide safe, quality care that gets them back to their lives quickly and safely. We also know that it's often those little things that make a big difference: a warm

smile, a gentle touch, a complete explanation, extra patience.

Sometimes, the care you provide leaves a lasting impression - like a Facebook post.

Recently, a patient left us a glowing review on our Facebook page. He says in his post:

"I stayed at UVA Culpeper Hospital recently for 5 days following a procedure and simply wanted to express how impressed I was with the folks there.... [E]ven the cook and maintenance staff... cared to talk to me as I recuperated."

See the full post on our page at [facebook.com/uvaculpeperhospital](https://www.facebook.com/uvaculpeperhospital). And if you haven't already, be sure to hit "like"!

Did You Know?

The cafeteria will be closed starting tomorrow morning and running through the weekend while new flooring is installed. During this time, Food and Nutrition Services will set up in the Conference Room. They will offer continental breakfast options each morning. For lunch and dinner, they will have grab-and-go salad and sandwich options, along with pizza by the slice.

The cafeteria hours will remain the same from **Friday, Oct. 30**, to **Sunday, Nov. 1**. As always, the cafeteria will not be open for dinner on Saturday or Sunday. The cafeteria will reopen on **Monday, Nov. 2** and resume normal service with full meal options at that time.

Closing

What news do you have for your team?
Who has helped you in some way at work recently?

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Friday, October 30

"Each person must live their life as a model for others." -Rosa Parks, Activist



Topic of the Day: Veteran's Day Commemoration Coming Up

Since 1919, the year World War I ended, our country has celebrated Veteran's Day every November 11. President Woodrow Wilson chose that day because, in

1918, an armistice (or ceasefire) was declared between the Allied Forces and Germany. In fact, the exact timing of the armistice was at 11:11 a.m. on November 11, 1918. This first solemn moment marked the beginning of an annual tradition to observe the sacrifices of the armed forces in service to our country.

For almost a century, Americans have honored veterans on this day, taking time to remember our brave men and women. UVA Culpeper Hospital continues the tradition with our annual Veteran's Day Commemorative Ceremony. We'll meet at the flagpole near the main entrance at **7:30 a.m. on Wednesday, Nov. 11**. Please plan to join us there as we show appreciation for our veterans and their willingness to put the common good above self.

Did You Know?

It's important to limit your daily intake of sugar because eating too much sugar can lead to harmful side effects. However, sugar has several beneficial uses. For one, it helps in food preservation. The addition of sugar to baked goods aids in preventing items from going stale. Adding it to frozen fruits and jellies helps maintain the food items' natural colors.

Closing

Are there any goals you need to prioritize as a team today?
What's something positive that a team member has done for you in the past week?

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Saturday and Sunday staff, please review this week's Huddles for the latest information.